



For Immediate Release

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**Doc Wayne Athletic League Receives
The Boston Club's 2010 Advancement Award**

May 20...BOSTON The Metro West Girl's Division of the [Doc Wayne's Athletic League](#) (DWAL) has been named the recipient of [The Boston Club's](#) 2010 Advancement Award. The Award is given at The Boston Club's annual Community Salute breakfast where festivities surrounded the theme 'Advancing Women's Leadership through Sports'. The Advancement Award is presented to a local organization that demonstrates a commitment to improving the lives of girls and women.

DWAL is a unique, therapeutic four-sport, four-season league for adolescent boys and girls whose young lives have been marred by trauma, abuse and neglect. The MetroWest Girls Division serves girls between the ages of 12 and 18, using sports to help girls figure out where they belong in the world. Girls are referred to the DWAL from one of 5 residential behavioral programs, and are clients of the Department of Children and Family, enrolled in Medicaid, and eligible for special education. Forty-five per cent are youth of color and 12% are Hispanic. Forty per cent are technically or functionally homeless.

The MetroWest Girls Division teams share a unique curriculum, “Do the Good” or “DtG”, aimed at building leadership and self-confidence. DtG helps girls learn to be effective without harming themselves or others. It reinforces positive behavior during sports play.

DWAL was founded in 2002 as part of Justice Resource Institute by former Institute President, Susan Wayne, in memory of her brother, Eli (Doc) Wayne. DWL is now an independent 501(c)3 nonprofit organization with over 100 volunteer coaches. The Boston Club’s Advancement Award will allow Doc Wayne to train 32 new coaches.

Susan Wayne, President and Founder of the Doc Wayne Athletic League said in response to being honored at **The Boston Club** Community Salute breakfast, "We believe and research demonstrates that sports and athletic teams are critical elements in helping girls and young women acquire new skills and achieve positive social and emotional development in the longer term, overcoming trauma and negative life experience. “

“The outcome based athletic team therapy delivers the Doc Wayne: "do the good" training regimen, providing benefits of success in the girls personal and later lives. The Doc Wayne training regimen model is being requested and introduced more broadly across the country, due to its ability to result in successful changes in behavioral outcomes. We are so proud to accept this award and move forward with affecting the lives of additional Boston based girls with the funding of additional team coaches."

About The Boston Club: [The Boston Club](#) is an influential community of senior executive and professional women, founded in 1976. The Club’s key initiatives include increasing the participation of women on corporate and nonprofit boards; providing timely and provocative programs; and conducting research on issues that affect women in business. The Boston Club’s annual Community Salute celebrates the contributions women make to their communities through volunteerism and non profit board service. Each year The Boston Club presents the Advancement Award, which honors an organization that demonstrates a commitment to improving the lives of girls and women.